

THE UMW APP – CONNECTED!

The Appalachian District Newsletter, Winter 2013

GREETINGS, APPALACHIAN DISTRICT!

I write this to you ALL to share my joy and high expectations for this new District that we are. That's right . . . we ARE the District . . . each of us is a vital part and member, ours to make vibrant, powerful and relevant in the world. So let's do that.

How?

- Make your own circle and unit a active relevant part of your church and community, finding and filling unmet needs. And nourish each other. Be a gathering of women who celebrate each other and all that you each bring as a member. Laugh!
- Participate in your new District's activities . . . designed for YOU (listed on the right).
- Participate in our many Conference opportunities you will find on our calendar at the back of this newsletter.
- Participate in the Reading Program, the Social Action Network, the Justice Today (new name for the Charter Club). The opportunities are out there. Seize them!
- Pray! Listen to Christ in your heart.

We all bring different gifts with us, use yours fully and celebrate those that others bring. It is in a community that we create power and change for the good.

So once again, I greet you ALL and invite you to take your place in making the Appalachian District United Methodist Women a force for Mission.

Nancy F. Reigel, Appalachian District President

DISTRICT EVENTS

MAR. 9 Prayer Breakfast – to bring us together and fill our spirits with hope, reflection and recommitment

APR. 13 Mission Study – to give us insights and new perspectives about immigration and the Bible

SEP. 22 Annual Meeting – to review our successes and plan for our future

NOV. 2 Leader Development – to share and learn from one another

More details can be found throughout the newsletter regarding these events.



THANK YOU FROM OUR CONFERENCE PRESIDENT

Dear Western North Carolina United Methodist Women,

Thanks be to God for you and your ministry! Your faithfulness and commitment to the Purpose of United Methodist Women is awesome!

The new district structures are organized and in place, and we

are prepared to begin a new year with new opportunities and challenges, poised to begin another wonderful year in ministry.

Flexibility is my word for this new year. This will be a challenge since I'm of the "older" variety! But I know change is good if for a good purpose, and what better purpose than United Methodist Women?

Julia Willis, our Conference Treasurer shares this message: "We'll end 2012 on a good note. I've sent the national office enough money to meet and exceed our pledge!" Thanks again for making this possible. It is important to continue telling our stories and building the relationships which are really the cornerstone of this organization. As a Conference, we have stressed mission giving, advocacy, and mission education. But, the more I interact with our members, the more I realize that supportive community is needed most and where our energies should be focused. Our challenge for 2012 was to reach out and touch someone in poverty. This year, let's reach out and touch someone – because we care.

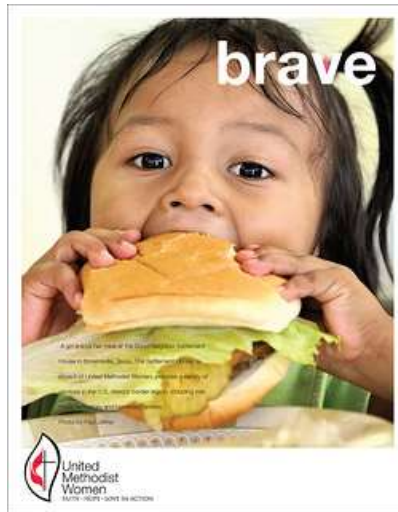
Looking forward to seeing you around the District and at the Lake.

– Mildred Carter

MISSION GIVING IS THE FOUNDATION FOR OUR MISSION WORK

The new year comes with new beginnings, new challenges and renewed excitement. My goal this year, as district treasurer, is to be available to each of you when you have questions concerning your mission giving and also for any training you wish to have in your local units concerning the journey of your mission dollars. Our Western North Carolina Conference goal is “Move mission forward through Faith, Hope, Love in Action by strengthening communications.”

I challenge each member to have a personal goal to communicate to all women in your church and local unit the story of giving by United Methodist Women. Share with them about the five channels of undesignated giving: Pledge to Mission, Gift to Mission, Gift in Memory, World Thank Offering, and Special Mission Recognition. Gift to



Mission cards can be ordered by your local unit treasurer through me and are only \$5.00 each. There are many selections to choose from, including Congratulations, A Baby, In Service to Christ, Happy Birthday, Thank You, and Special Days. Gift in Memory cards are available through your program resources secretary. Share

how our mission dollars are needed to help women, children, and youth who are counting on us daily for survival. Share with others about the supportive community of women who share Christ with each other and seek to know him. You can find many stories in *response* or *New World Outlook* magazines. Both magazines can be ordered on-line through the Western North Carolina United Methodist Women’s website.

The Western North Carolina Conference last year was once again number one in mission giving and **you** are making a difference in the lives of many people. Let us encourage one another as we share Christ with the world through missions. No matter how you are serving in your unit, I pray you will communicate the mission of *faith, hope, love in action*.

– Beverly Curtis

LEGISLATIVE DAY



United Methodist Women of the Western North Carolina Conference is

holding a Legislative Day, May 4. “Human Trafficking in NC” is the featured topic. Women from around our Conference are invited to attend this important event to learn more about what we can do to address this critical issue.

When: Saturday, May 4, 2013

Where: First UMC in Conover

Time: 9 a.m. – 3 p.m.

Cost: \$10 (includes a boxed lunch)

Please visit www.wncumw.org for more details and to register on-line.

MEMBERSHIP NURTURE & OUTREACH

It’s time to set new goals for your unit. Here are some suggestions:

- Raise awareness of domestic violence and increase advocacy for victims
- Increase personal pledges by \$1
- Read books from United Methodist Women’s Reading Program.

Learn more about these ideas and others by requesting a Nurturing Partners visit. Your nurturing partner (district officer) is the contact person and liaison for your local United Methodist Women unit and its members to the district team. A nurturing partner will contact each local unit/church to request a time to visit. This visit provides your unit a

time to ask questions and to learn about upcoming events. The Nurturing Partners program allows for open communications about mission programs of United Methodist Women.

Your 2013 Mission for Membership begins with your plans to attend every district event – and bring a friend!

I pray for you the blessing of Asher ...

“Asher is most blessed of sons; let him be favored by his brothers, and let him dip his foot in oil. Your sandals shall be iron and bronze; as your days, so shall your strength be.”

Deuteronomy 33:24-25

– Margo Bowman

SPIRITUAL GROWTH

“... make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love.”
– 2 Peter 1:5-7

May this New Year be one of addition; a year of continual growth in our influence for His kingdom!

Below you will find opportunities unique to the first quarter of 2013 that you will not want to miss!

Prayer Calendar – Order yours today and begin each morning focusing on scriptures from the Old and New Testament that will instruct, convict, comfort and prepare you to minister to those you encounter. Learn about the people and organizations living out the love of God in our world through missions, partnering with them through prayer. Actively promote daily use of the calendar in your unit.

“Having first gained all you can and secondly saved all you can, then give all you can.”

John Wesley’s quote, taken from his sermon, The Use of Money, provides the inspiration for our **2013 Call to Prayer and Self Denial Service – Christian Financial**

Responsibility. In the next three months units all across our new district will be planning, placing orders and gathering for this special observance (the guidelines for which are found on page 97 in our program book, *Living the Heart of God*). Packets are available from the Resource Center and include prayer cards, offering envelopes and a poster for display.

We are living in a time of economic crisis in America and abroad. Participating in the program will open our eyes and ears to the crisis and offer us practical ways to help others and ourselves. This year’s offering will go to programs that will enable organizations to train women, children and youth to master skills such as budgeting, and establishing and maintaining credit.

May God richly bless you as you prayerfully meditate on powerful scriptures found in the books of Isaiah, Proverbs, Mark and Acts and select your unit’s date, time and worship leaders.

District Prayer Breakfast – Saturday, March 9, at Broad Street United Methodist Church in Statesville. Please see the centerfold of this newsletter for more information.

Spiritual Growth Book highlights: *Morning Coffee with James*

– an excellent new choice for personal study and sharing devotions with your unit.

Praying for Strangers – the wonderful story of a woman’s adventure as she resolved to pray for one complete stranger each day of the year.

If you were unable to attend the Leadership Event, it would be my pleasure to mail you your **training packet** or bring it for you to the Prayer Breakfast. I thank God for the joy and privilege of serving as your District Spiritual Growth Coordinator and I am always available for assistance and

support – call on me anytime!

– Laura Spencer



NOMINATIONS

It’s a new year on the calendar, as well as for the new Appalachian District United Methodist Women. What an awesome task ahead: to recognize and recruit leaders for the ensuing years. In this newsletter, you will find a Talent Bank Information form, which will be used to identify potential leaders. Please help the Nominations Committee by encouraging members of your units to complete and return this form to us. Recruiting is an on-going, year-round task – now is the time to begin our work.

– Nan Campbell

All the photograph images used in this newsletter are available as a free download from www.flickr.com/photos/umwomen/sets/. Once downloaded, you may print and use them as tools to share the mission work of United Methodist Women.

SOCIAL ACTION

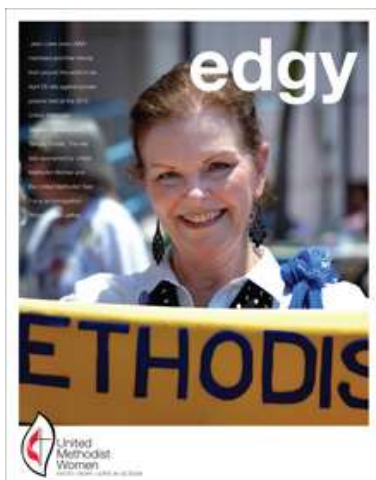
As you plan your program year, I encourage your local United Methodist Women unit to include a program on the Charter for Racial Justice. New this year is a change in name: Charter Club units will now be known as Justice Today units. I would be glad to assist you with this program.

Our 2013 Social Action goals are:

1. Increase the number of Justice Today units by 10% over 2012.
2. Continue educating members on domestic violence, paying particular attention to the effects on the children living in these situations.
3. Increase the awareness of human trafficking in our state, as well as nationally and internationally.

To assist in addressing the issue of human trafficking, the Western North Carolina Conference United Methodist Women is holding a Legislative Day May 4, at Concord United Methodist Church.

– Kim Smith



TAKE NOTE!

What an exciting time to embark on the adventure of a new district! It's almost like the first day of school, with new notebooks and pens and paper and new records to keep for our United Methodist Women posterity. We have a challenge ahead to make the Appalachian District come together as the strongest one in Western North Carolina!

Many of you are no doubt continuing in the unit secretary's role and have experience in keeping the files and records necessary for your position. Some of you may be new to your position, as am I as District Secretary, but I know that with God's help and United Methodist Women training we will carry on the work for which we are responsible.

Remember to ask persons making a motion in your meeting to write out the motion for the sake of accuracy. If you would like a copy of the form for this that was distributed at the training session in November, please let me know and I will send you a copy.

Please let me know if there is anything I can do to assist you in your job as secretary of your local unit.

A final thought from the late Arlene Chapman, a district secretary: "Just think how *tragic* it would have been if there had not been 'biblical secretaries' so we could know our past heritage, aid our present life, and know of our future hope and reality through Christ Jesus."

– Mary Green

MISSION EDUCATION & INTERPRETATION

Become a **Mission Today** unit in 2013! What is the benefit of being a Mission Today unit? As a retired teacher, I compare it to being an accredited school. It is a certificate of recognition, one that shows that your unit is doing the things that a healthy United Methodist Women unit should be doing.

- Criteria #13 states that members will correspond with five persons listed in the *Prayer Calendar* at least once a year. To assist you with this, each week I will post the names and contact information for the missionaries, deaconesses and staff members who are celebrating a birthday that week. You can find this information on our website (www.appumw.com) and our Facebook page (Appalachian District UMW). The *Prayer Calendar* is \$11 and can be purchased at district and conference events, or through the Mission Resource Center (www.umwmissionresources.org or 800-305-9857). Let's shower these mission workers with messages from our Appalachian District to let them know we care and are praying for them!
- Criteria #4 states that you participate in a Mission Study. You can satisfy this requirement by attending the district Mission Study on Saturday, April 13 from 9:30 a.m. until 1:30 p.m. The topic is "Immigration and the Bible" and will be led by Dr. Philip Wingeier-Rayo, who taught the class at the 2012 School of Christian Mission.

– Linda Greer

MISSION TODAY UNIT REQUIREMENTS

To be a Mission Today Unit, United Methodist Women groups must complete a minimum of twelve of the following criteria during a calendar year, including six of those marked with an asterisk. **Criteria #1 is not optional. You must complete this one to become a Mission Today Unit!** Listed on this page is an abbreviated version of the requirements. The complete list of requirements is available at www.wnccumw.org.

Required Activity (#1):

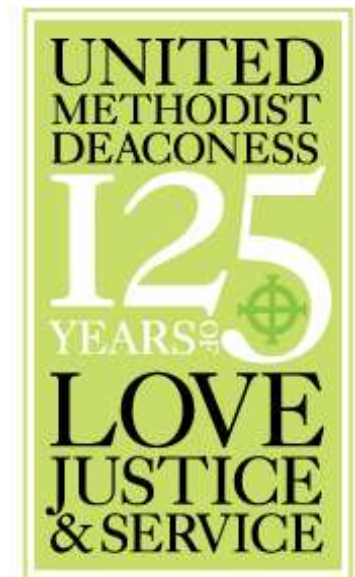
- *1. The Unit will make and meet its Pledge to Mission.

Complete 5 of these 8 activities (#2 through #9):

- *2. Use the Prayer Calendar at each general meeting of the unit to pray for persons in mission and our mission work with women, children and youth.
- *3. The unit will use at least two programs from the Program Book during the year.
- *4. The unit or circle will conduct or participate in at least one mission study each year.
- *5. The unit will have at least two members subscribing to response (1 member subscribing with units less than 15 members).
- *6. The unit will implement the Charter for Racial Justice in at least two ways during the year.
- *7. Become a member of the Western North Carolina United Methodist Women Charter Club.
- *8. The unit will add at least two new members (one member for units with less than 15 members) to its roll.
- *9. The unit will have one program from the Social Principles of the United Methodist Church 2009-2012.

Complete 6 of these 13 activities (#10 through #22):

10. At least one member of the unit (other than a conference or a district officer) will attend the School of Christian Mission and report back to the unit on classes and events they experienced.
11. At least two members (one member for units with less than 15 members), other than a conference or district officer, will attend the district or conference annual meeting and report back to the unit about the event and what they experienced.
12. The unit will have at least one person joining the United Methodist Women's Action Network to receive and respond to legislative information at least three (3) times a year.
13. Members will correspond with five persons listed in the *Prayer Calendar* at least once a year.
14. The unit will co-sponsor, with the local church, a Children's Sabbath.
15. The unit will contribute to all Five Channels of Mission Giving.
16. Each unit or circle meeting will include a "response Moment" where an item from *response* magazine will be lifted up as a way to tell the mission story.
17. The unit will sponsor one teen member (ages 12 to 17) and/or one young woman member (ages 18 to 39) to at least one conference event during the year.
18. At least two members (one member for units with less than 15 members), other than a conference or district officer, will attend a district Prayer Breakfast, district Day Apart, or conference Spiritual Growth Retreat.
19. At least two members (one member for units with less than 15 members), other than a district or conference officer, will complete Plan 1 of the Reading Program and give a report to the unit on one of the books read.
20. The unit will invite a district or conference officer, other than a member of the unit, to one of the unit meetings during the year and/or for their United Methodist Women's Sunday.
21. The unit will add one new teen (ages 12 to 17) and/or one young woman (ages 18 to 39) circle during the year, or one new teen member (ages 12 to 17) or one new young woman member (ages 18 to 39) during the year.
22. Each unit will be responsible for supporting at least one local mission project and participate in one Conference Hands on Mission Project during the year.



To learn more about the deaconess program and how your unit can celebrate this milestone, check out the resources at www.unitedmethodistwomen.org.

PROGRAM RESOURCES



Consider starting a book club circle this year. Invite all readers in your church to read a book from

each of the 5 categories throughout the year and meet to discuss them. At the end of 2013, you will have people receiving reading certificates for Plan 1, and hopefully, some new United Methodist Women members!

Here are the books I am using with my reading circle this year:

- Education for Mission: *Because He Lives* (2012)
- Leadership Development: *Half the Sky* (2011)
- Nurturing for Community: *Same Kind of Different As Me* (2011)
- Social Action: *Make Poverty Personal* (2013)
- Spiritual Growth: *Wasabi Gospel* (2012).

There are lots of books to choose from. Use any books from the Reading Lists 2009-2013. You can buy a **sample pack** containing one book from each of the categories from the Resource Center at a reduced price. Call 800-305-9857 or visit www.umwmissionresources.org. I'll also have choices for you at the Prayer Breakfast.

– Janice Lentz

PARLIAMENTARY PROCEDURE – BRINGING ORDER OUT OF CHAOS

Few, if any, local units have a parliamentarian. Therefore, this is my loving message to each of you. Parliamentary procedure is a set of rules for conduct at meetings. It allows everyone to be heard and to make a decision – without confusion! *Robert's Rules of Order, Newly Revised* is the basic handbook of operation for most organizations. This is true for our conference and district United Methodist Women. I suggest that your local unit use it as well. It means flexibility and a fair hearing for everyone. Members get their say by making motions. The motion is made, someone seconds the motion, and then you discuss the motion. After discussion, the President states the motion, and a vote is taken, or consensus is mutually stated. You do not discuss an issue for some time, and then make a motion.

The four basic principles of parliamentary law are:

1. Provide courtesy and justice to all.
2. Consider one thing at a time.
3. The minority must be heard.
4. The majority must prevail.

Organizations using parliamentary procedure usually follow a fixed order of business: call to order, minutes, treasurer's

report, officers' reports, committee reports, unfinished (not old) business, new business, announcements and adjourn.

Ground Rules for Effective Meetings

1. Set time limits before discussion starts.
2. Share all relevant information.
3. Focus on interests, not positions.
4. Agree on what important words mean.
5. Disagree openly with any member of the group (issues, not personalities).
6. Keep the discussion focused.
7. Make statements, then invite questions and comments.
8. Discuss undiscussable issues.
9. All members are expected to participate in all phases of the process.
10. Make decisions by consensus, whenever possible.
11. **Respect each other.**

May each of you have effective, mission focused meetings where each member is heard, loved and respected. Please let me know if I can be of assistance.

– Marjorie Wiggins

THE UMW
PURPOSE

The organized unit of United Methodist Women shall be a community of women whose PURPOSE is to know God and to experience freedom as whole persons through Jesus Christ; to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.

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NURTURING PARTNERS

The new Appalachian District includes 130 churches. The member churches are being divided among the 19 district officers. Once assigned, an officer will contact your unit to provide assistance, encouragement and answer your questions as your nurturing partner.



Appalachian District
United Methodist Women
Prayer Breakfast

Broad Street UMC


315 West Broad Street
Statesville, NC 28677

Saturday, March 9

Fruitfully Living the Heart of God

Speaker: The Rev. Lory Beth Huffman,
District Superintendent, Appalachian District

8:30 – 9:30 a.m. – Registration and Breakfast with Program Resources and Prayer Room

9:30 a.m. – Gathering Music  9:45 a.m. – Worship and Memorial Service

The cost is \$5 per person and advance registration is required.
Please send reservations for the prayer breakfast and names for the memorial service
using the enclosed registration form. The deadline for registration is February 22.
If childcare is needed, please contact Lorraine Burns (828-386-1259 or
lorraineburns@gmail.com) by February 22.

Directions to Broad Street United Methodist Church

Traveling on I-77-S

Take Exit 50 and turn right at the traffic light onto Broad Street. Travel approximately 1.6 miles west, passing through 4 traffic lights, until Broad Street dead ends at Mitchell College. The church is on your left.

Traveling on I-77-N

Take Exit 50 and turn left at the traffic light onto Broad Street. Travel approximately 1.7 miles west, passing through 5 traffic lights, until Broad Street dead ends at Mitchell College. The church is on your left.

Traveling on I-40-W

Take I-77 South at Exit 152B. Take Exit 50 and turn right at the traffic light onto Broad Street. Travel approximately 1.6 miles west, passing through 4 traffic lights, until Broad Street dead ends at Mitchell College. The church is on your left.

Traveling on I-40-E

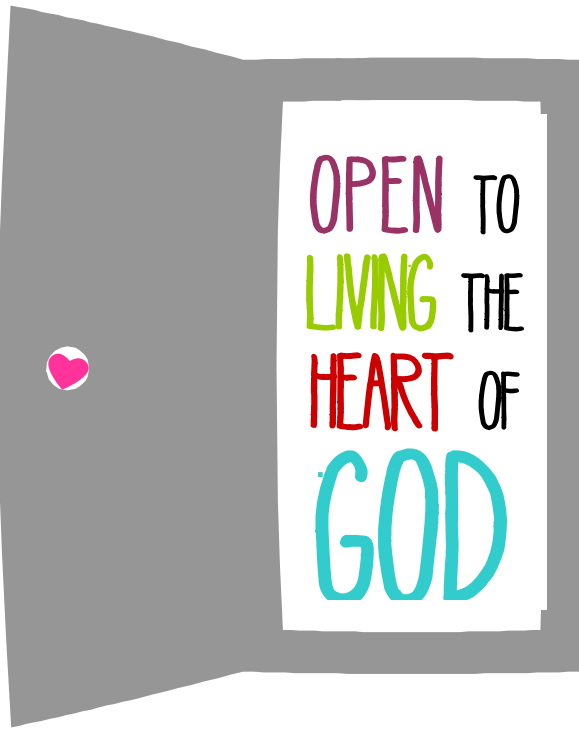
Take Exit 150 and turn right at the traffic light onto Highway 115/Center Street. Travel about 1.4 miles, passing through 3 traffic lights. Turn right at the fourth light onto Broad Street. The church is on your left where Broad Street dead ends at Mitchell College.



United
Methodist
Women

FAITH • HOPE • LOVE IN ACTION

Hands on Mission Project: Bethlehem Center supplies:
facial tissues, vinyl gloves, and pump bottles of liquid soap



United Methodist Women Appalachian District Mission Study

Wilkesboro UMC

309 West Main Street
Wilkesboro, NC 28697

Saturday, April 13, 2013

Immigration and the Bible

Registration begins at 9:00 a.m.

Cost: \$5 per person (includes lunch)

What can we learn from the immigration stories in the Bible – the stories of Abraham and Sarah, Joseph, Moses, Joseph and Mary, the Samaritan, and Jesus? Dr. Philip Wingeier-Rayo, associate professor of religion at Pfeiffer University, will lead us in exploring what the Bible has to tell us about the challenging issue of immigration.

Attendance at this study will fulfill requirements for Mission Today Criteria #4.

Advance registration is required – please return the enclosed registration form by March 29. If childcare is needed, please contact Lorraine Burns (828-386-1259 or lorraineburns@gmail.com) by March 29.

Directions to Wilkesboro United Methodist Church

FROM BOONE AND LENOIR

From US 421 By-Pass, connect to NC 16/18, travel north to traffic light and turn right onto Main Street. Church is about ½ mile on the right. Go past the church to traffic light and turn right on Woodland to get to the church parking lot, turn right into parking lot.

FROM SPARTA AND NORTH

Follow NC 18 South into North Wilkesboro, merging with Hwy 268. Follow 268 West, crossing the Yadkin River into Wilkesboro, bearing right at traffic light. Continue on 268/Main Street passing the Federal Building on the left. At traffic light (Woodland) turn left, and then right into church parking lot.

FROM STATESVILLE

Take I- 77 North to Hwy 421 West. Take 421 W to Hwy 16/18. Travel north to traffic light and turn right onto Main Street. Church is about ½ mile on the right. Go past the church to traffic light and turn right on Woodland to get to the church parking lot, turn right into parking lot.



United
Methodist
Women
FAITH · HOPE · LOVE IN ACTION

Hands on Mission Project: UMCOR Birthing Kits and Cleaning Buckets

UMCOR Cleaning Bucket

Value: \$55.00

5 gallon bucket with resalable lid

Buckets from fast food restaurants or bakeries can be used if washed and cleaned. Do not use buckets that have stored chemicals such as paint or pool cleaner. Advertisements on the outside are acceptable.

Liquid laundry detergent – two 25 oz. or one 50 oz. bottles only

Liquid household cleaner – 12-16 oz. liquid cleaner that can be mixed with water (no spray cleaners)

Dish soap – 16-28 oz. bottle any brand

1 can air freshener – aerosol or pump

1 insect repellent spray – 6-14 oz. aerosol or spray pump with protective cover

1 scrub brush – plastic or wooden handle

18 cleaning wipes – handi-wipes or reusable wipes (no terry cleaning towels); remove from packaging

7 sponges – remove from wrapper

5 scouring pads – remove from wrapper

50 clothespins – remove from packaging

clothes line – two 50 ft. or one 100 ft. cotton or plastic.

24 roll heavy duty trash bags – remove from the box

5 dust masks

2 pair disposable waterproof gloves – rubber or latex; remove from packaging

1 pair work gloves – cotton or leather

Assembling Directions

Place all liquid items in the bucket first. Place remaining items in the bucket fitting them around and between the liquid items. Sponges, scouring pads, clothespins and trash bags can be separated in order to fit all of the items in the bucket. Ensure the lid is closed securely.

Important Notes

- All items must be new except for the actual bucket and lid.
- All cleaning agents must be liquid and in plastic containers. No powders please.
- If you cannot find the requested size of a liquid item, use a smaller size. Including larger sizes of any item will prevent the lid from sealing.
- If all of the items on the list are not included, please put a label on the bucket indicating what has been omitted.
- Cleaning buckets are only used within the United States. They are not opened to verify the contents unless there is an indication that some items have been omitted. Please enclose an envelope containing at least \$1.50 for each kit you send. This donation enables kits to be sent to areas in need.

UMCOR Birthing Kit

Place the following NEW items inside a sealed one-gallon plastic bag.

- 1 hotel-size bar of soap (1 oz. to 2oz.)
- 1 pair of clean latex gloves
- 1 square yard of clear 4 mil plastic sheeting
- 3 pieces of clean string each 12" long
- 1 clean single use razor blade (carefully wrap the blade in paper or plastic to protect it and keep it from causing injury)
- 2 flannelette receiving blankets, 30"x30" or 32"x32"

In a separate envelope, please include a check payable to UMCOR Sager Brown for at least \$1.00 per kit to help with the costs of the costs of processing and shipping the kits around the world. Please do not put the money envelope in your UMCOR Birthing Kit bag. If you are bringing multiple kits, it is fine to write one check in an amount sufficient to cover all of your kits. Please pack your kits in a box that can be handled easily by our women and write the total number of kits on the side of the box.

Important Kit Assembly Information

- All items included in kits must be NEW items.
- All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items - nothing more.
- Do NOT include any personal notes, money or additional materials in the kits. These things must be painstakingly removed and will delay the shipment.
- Please do not include any religious, political or patriotic notes or emblems in any kit.

Frequently Asked Questions About Birthing Kits

- These receiving blankets should be the little thin flannelette/cotton ones that roll or fold up to almost nothing – not thick blankets. If the correct type is purchased, all items will fit in the 1 gallon bag.
- The razor is a single EDGE razor. The UMCOR website and our flyer says single USE. There actually is such a thing for medical and other purposes, but the single EDGE is what is needed for the kits.
- DO NOT use dental floss as a substitute for the string. Use regular string: cotton string you buy on a roll.
- Here are some further suggestions from a group that made a bunch of kits:
 - Purchase the single EDGE razor blades at a hardware store (10 in a plastic box for \$1.59). Bubble wrap works best to cover them for safety.
 - Wal-Mart has the 30x30 receiving blankets and the soap
 - Lowe's Home Improvement lumber department has 3x50 ft. 4-mil plastic sheeting. The paint department has 1 & 3 mil. Fifty feet makes 17 kits. Lowe's also had 3x100 feet.
- Remember to put all six items (soap, plastic sheeting, latex gloves, string, razor blades, and blankets) in the gallon size plastic bag.
- We also learned that generally the items in a birthing kit are all used only once for a single birth, and everything is rolled up and put back in the plastic bag for disposal.

Appalachian District Prayer Breakfast Registration Form

Unit Name _____

Number Attending _____ x \$5.00 = _____ (Amount Enclosed)

Mail form with check (payable to Appalachian District UMW) to Beverly Curtis, District Treasurer
4614 Ike Starnes Road
Granite Falls, NC

Memorial Service Information

Please list (type or print) the names of United Methodist Women members in your unit who passed away in 2012. They will be remembered at the memorial service during the Prayer Breakfast. Please return this portion of the registration form to Laura Spencer, 342 North Center Street, Statesville, NC 28677.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

District Prayer Breakfast Registration Deadline Is February 22, 2013

Appalachian District Mission Study Registration Form

Unit Name _____

Number Attending _____ x \$5.00 = _____ (Amount Enclosed)

Mail form with check (payable to Appalachian District UMW) to Beverly Curtis, District Treasurer
4614 Ike Starnes Road
Granite Falls, NC

District Mission Study Registration Deadline Is March 28, 2013



Do you need childcare? Please call (828-396-1259) or e-mail (lorraineburns@gmail.com) Lorraine Burns by the registration deadline for the event that requires childcare.

**United Methodist Women Appalachian District
Prospective District Leadership Talent Bank Information**

Form to be completed by prospective district leader. Please print or type.

Name Date

Street Address

City State Zip Code

Home Phone Mobile Phone Work Phone

E-mail Address Local Church

Age: 20s 30s 40s 50s 60s 70s 80s Race/Ethnicity: _____

Employed? No Yes Full Time Part Time Languages Spoken: _____

Professional skills and experiences: _____

Experience in United Methodist Women

Local: _____

District: _____

Conference: _____

Additional experience on the local, district, conference or general church level (other than UMW) or in the community:

Please attach additional sheets as necessary.

Return completed form to Nan Campbell, 285 2nd Street SW, Taylorsville, NC 28681

**Appalachian District and
Western North Carolina Conference
Calendar of Events**

- Prayer Breakfast..... March 9
Broad Street UMC (Statesville)
- Mission Study April 13
Wilkesboro UMC
- Legislative Day May 4
First UMC, Concord
- Spiritual Growth Retreat June 14-15
Lake Junaluska
- Mission u July 18-21
Pfeiffer University
- Conference Annual Meeting September 6-8
Lake Junaluska
- District Annual Meeting September 22
First UMC, Taylorsville
- District Leader Development November 2
First UMC, North Wilkesboro

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GET INVOLVED!

United Methodist Women is like anything else: you get out of it what you put into it. The more programs, events and activities you attend, the better your understanding of what United Methodist Women is all about. Plus you get the fellowship of other women and will make new friends! Vice presidents need to be ready to assist or step in for the president. They serve as the hostess for things going on in your unit. Attending district events will give you ideas for meetings in your unit.

If you need help with anything, please do not hesitate to contact any of the officers.

– Lorraine Burns

OUR PAST SHAPES OUR FUTURE

Many of you will remember several years ago when the Western North Carolina Conference hands-on mission project was layette kits for Alaska. I was reminded of this mission project when reading the November 2012 issue of *response* magazine.

“New Challenges in Nome,” featured on pages 22-29, describes a mission work that began in 1886 and continues today. Unfortunately, the original plan to help civilize the native peoples had some devastating effects, such as trying to prohibit the children from speaking their own language. Both those in charge of the governmental programs and the early missionaries learned from those mistakes. This article is an affirmation of the long term effects

of well-meaning ideas and the work needed to bring people back from what the article calls “cultural trauma.”

Today, Nome Community Center sponsors programs for children, youth, and seniors. The many and varied programs of the center such as the XYZ Senior Center, the Boys & Girls Club, assistance through the Youth Court for minor youth offences, and substance abuse prevention are supported by your mission giving, as noted by the interlocking symbols at the end of the article. I encourage you to subscribe to *response* if you aren’t currently a subscriber and get the rest of the story.

– Loretta Cash