

Heart

sole

Head

Appalachian District Membership and Leadership Development Day (MLDD)

#move4mission event

All Friends and Members of UWFaith are Welcome

Location: Wilkesboro United Methodist Church

309 W. Main Street, Wilkesboro, NC 28697

When: Saturday, October 28, 2023

Registration & Beverages: 10:30 – 10:45 a.m.

\$10.00 per person

Theme: Soul Care: Head, Heart, and Sole

Program: 10:45 a.m. – 1:30 p.m.

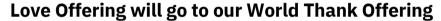
(Lunch served: 11:25 – 11:55)

Small Group Break-out Sessions: 11:55 – 1:15

(See registration form on next page for more info)

Child care available upon request 2 weeks prior to event; if needed,

Call Jan Taylor: 336-468-0313



Program: #Move4Mission. Let's move 4 mission and be blessed as we Jazzercise 4 Jesus. Relax, stretch, and laugh as you are led through some moderate chair exercises facilitated by LaDonna Butts.

Hands-on Mission: Our House (Child Abuse Prevention Team-CAPT), Wilkesboro NC Wipes, Pull-ups (2T thru 5T) are biggest needs; any baby items such as pack-n-play can always be used, and financial support is always welcome (CAPT of Wilkes).

Directions:

From Lenoir, Hudson, Granite Falls: Take Wilkesboro Blvd (NC-18N). Turn left onto NC 18N/NC16N. In 3.8 miles, turn right onto W Main St (NC-18/NC-268), and in .3 miles (at the light) turn right on Woodland Blvd, then right into the church parking lot (just after First National Bank.)

From Boone: Take US-421S to the NC-268 E exit; Turn left onto NC-268E and in 1.2 miles, turn right on Woodland Blvd, then right into the church parking lot (just after First National Bank.)

From Sparta and North: Take NC Highway 18 S (NC-18). Turn left onto 5th St; turn right onto Cherry St. Turn right onto E Main St (NC-18/NC-268). In .6 miles, turn left onto Woodland Blvd., then right into the church parking lot (just after First National Bank.)

From Statesville and South: Take NC-115N to US 421 N. Take exit 286A for NC-16 (Wilkesboro/Taylorsville /Lenoir); keep left at the fork (follow signs for Wilkesboro) Turn left onto NC-18N/Cherry St. Turn right onto E Main St (NC-18/NC-268). In .6 miles, turn right onto Woodland Blvd., then right into the church parking lot (just after First National Bank.)

From Taylorsville, Hiddenite, and Hickory area: Take US-64 to NC Highway 16 N (NC-16) toward Wilkesboro. Turn right onto E Main St (NC-18/NC-268). In .6 miles, turn right onto Woodland Blvd., then right into the church parking lot (just after First National Bank.)

From Elkin, Jonesville and East: Take US-421 N to Exit 286A for NC-16 (Wilkesboro/Taylorsville /Lenoir); keep left at the fork (follow signs for Wilkesboro) Turn left onto NC-18N/Cherry St. Turn right onto E Main St (NC-18/NC-268). In .6 miles, turn right onto Woodland Blvd., then right into the church parking lot (just after First National Bank.)