faith

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sisterhood

President Remarks



UWFaith Appalachian District News

4th Ouarter 2024

AppaLadies

in Mission

Dear Sisters,

As I write this article, it has only been a short time since our Appalachian District Annual Celebration at Littlejohn UMC where the UWFaith members and their pastor, Rev. Rich Irwin, provided us with delicious food and gracious hospitality.

There are a few photos in this issue and you can see more photos on our Facebook page. Just go to Facebook and in the search box, type "Appalachian District United Women in Faith." I cannot thank the Appalachian District Executive team and the Littlejohn UWFaith enough for making the Annual Celebration a meaningful one. Did you see the beautiful new banner in the photos? Thank You, Hudson UWFaith for making that for our photo shoots! We can use it at all our future events. As always at our events, I felt the incomparable warmth and connectivity of our UWFaith sisterhood.

It was a terrific learning experience to hear Ben Rogers speak about Project AGAPE and his trip to Armenia a couple years ago. Ben is Western North Carolina Conference (WNCC) Mission Response Associate and Manager of the Mission Response Center in Terrell, NC, near Mooresville. In addition, Ben serves as the WNCC Disaster Response Early Response Team (ERT) Coordinator and the Conference UMVIM (United Methodist Volunteers in Mission) Coordinator.

If you need someone to visit your unit and present a program for you, contact anyone on our District Leadership Team. If the leader that you contact is unable to come, she will help you find someone who can. This is our final *AppaLadies in Mission* that will be published this year. If you have ideas for ways we can

improve this publication, please contact Traci Snyder, Communications Coordinator, or myself. All our officer contact information is on page 13 of this newsletter.

Traci and I are excited that our church, First United Methodist Church of Taylorsville, NC is hosting our MLDD (Membership and Leadership Development Day), Saturday, November 2. Our United Methodist Men are preparing lunch for us and we will follow the same NEW format that we had last year. LaDonna Butts, Jazzercise for Jesus instructor, is returning to entertain us, teach us, and get us moving through chair aerobics. There will be something for everyone we hope. If you have not been to FUMCT in several years, do not go to our former location, our Mission Campus on Main Street. Come to our newer Main Location on Highway 16 S.



Inited Vomen n Faith



United Women in Faith shall be a community of women whose purpose is: to know God and to experience freedom as whole persons through Jesus Christ: to develop a creative, supportive fellowship; and to expand concepts of mission through participation in the global ministries of the church.



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Directions and registration forms are on the flyer later in this issue. Our building is all handicapped accessible with no steps to enter and is all on one floor. Mobility scooters and wheelchairs can enter easily. And if you have not been there, yes, it looks a bit like an automobile dealership. It used to be just that, but come and see how we repurposed it for the Glory of God.

TO LOCAL UNIT PRESIDENTS: If no one from your unit was at Annual Celebration, we will have your unit's 2023 Achievement Certificates for you to pick up at MLDD. Also, the End-Of-Year Report Forms for 2024 will be available for you. If you are not coming (but please do!), ask someone from your unit who is coming to pick up these materials for you. I will email the report forms to you if you prefer; let me know prior to the event, by mid-October, so I will not waste paper making copies. Forms will also be posted on our Appalachian District website: <u>www.appumw.com</u>.

As always, feel free to contact me whenever you have questions and as I always say, "If I don't know the answer, I have some very knowledgeable friends who do." Love, peace and joy, Linda (LindaLu) Greer





Vice-President

Well, here we are at the beginning of the 4 th quarter again – these years just keep going by faster and faster! Our District Annual Celebration at Littlejohn UMC was truly a celebration of our Appalachian District United Women in Faith. The Littlejohn UWFaith and Rev. Rich Irwin were such gracious and welcoming hosts – delicious food, beautiful table décor, handmade door prizes (Thank you Diana Hale!), and good old southern and Methodist hospitality! We enjoyed special music by Abby Clay – such an angelic voice and thoughtful song choices: "I Love to Tell the Story" lyrics were written by a woman and "Blessed Assurance" lyrics and music were written by a woman. Our speaker, Ben Rogers, provided background information and current status of Project Agape (American Greater Armenian Partnership Efforts) and the humanitarian aid partnership/collaborative efforts of the North Carolina/Western North Carolina Conferences of the United Methodist Church working in cooperation with the Armenian Apostolic Church. Our units were very generous with donations of new kitchen items for Armenia/Project Agape – thank you all for supporting this Hands-on Mission. We approved our 2023 District Annual Celebration minutes, approved our 2025 budget, and elected/installed Appalachian district UWFaith officers for 2025. Thank you, Martha Phillips for a meaningful installation service. We still need a Treasurer and two Nominations Committee members; if you're interested, please contact one of our Nominations Committee members. We celebrated 2023 accomplishments: 9 Five Channels of Giving units; 9 Mission Today Gold units and 4 Silver units; 2 Justice Today Gold units, 2 Silver units, and 1 Bronze unit; 8 Mission Study units; 7 Membership growth units; and 12 Reading Program Participants from 6 units. Great job AppaLadies in Mission!! There is still plenty of time for units to achieve these goals and earn certificates for 2024!!

Our next district event is our Membership & Leadership Development Day (MLDD) on Saturday, November 2, at First Taylorsville UMC. Please see the flyer and additional information on the final pages of this newsletter. We are going to Move 4 Mission (Jazzercise for Jesus with Ladonna Butts), experience some Soul Care (head, heart and sole), learn about our leadership positions, and have some wonderful fellowship. (Oh, and did I mention we will have ice cream!) The format will be similar to last year's MLDD, with a little "fine-tuning." I hope many of you will plan to attend!

If I can do anything to help you, please don't hesitate to call, text or email me. Blessings,

Jan Taylor





Spiritual Growth Coordinator

May the Holy Spirit be overflowing in your complete being! By the time you read this it will be fall. I am particularly excited about our up-coming MLDD on Saturday, November 2, at Taylorsville UMC. Linda Graham and I will be leading a break-out session on Spiritual Healing/ Soul Care/ Relaxation. "It IS Well with My Soul" (written by Horation G. Spafford in 1873) is a song I love dearly. To have it well with our souls we must nurture our souls through soul care. We must take time to be silent and listen to God. This session will be especially meaningful to those who yearn for the closeness of talking with Jesus ("Just a Little Talk with Jesus"by Cleavant Derricks and sung by the Oak Ridge Boys), those who grieve. I pray It will be a time of sharing and healing.

I am honored to be the Appalachian District Spiritual Growth Coordinator. We, together, can nourish each other through our united spirits in joining together for United Women in Faith activities in our Conference, our Appalachian District and our local units.

I once was lost in sin but Jesus took me in And then a little light from heaven filled my soul He bathed my heart in love and He wrote my name above And just a little talk with Jesus makes me whole.

Peace, prayers, and soul care, Sherry SummerIn





Social Action Coordinator

Sustainable Energy for All (SEforALL) is an international organization working in partnership with the United Nations, leaders in government, the private sector, financial institutions and civil society with as goal to drive further, faster action toward the achievement of Sustainable Development Goal 7, which calls for universal access to sustainable energy by 2030, and the Paris Agreement, which calls for reducing greenhouse gas emissions to limit climate warming to below 2 °C.

Launched by former UN Secretary-General Ban Ki-moon in 2011,[1] SEforALL is now an independent organization based in Vienna, Austria with a satellite office in Washington, DC. Damilola Ogunbiyi took office in January 2020 as CEO and as Special Representative of the UN Secretary-General for Sustainable Energy for All as well as Co-Chair of UN-Energy. She is the former Managing Director of Nigeria Rural Electrification Agency.

Peace be with you, Jenny Hix https://en.wikipedia.org/wiki/Sustainable_Energy_for_All http://www.seforall.org/ https://www.seforall.org/data-and-evidence/understanding-sdg7/ https://www.seforall.org/cooling-for-all SEforALL Energizing Finance reports





Historian

Speaking out about social issues and calling the church to speak and act more like Jesus did in the Gospel stories can be a hard thing to do today, despite the freedom earned by those who fought for civil rights and women's rights in the twentieth century. The foremothers of United Methodist Women who constructed the organizations of the

nineteenth century must have found it far more difficult to "step out of their place" and challenge the limitations put on them by their churches. They stepped out in faith that God's grace would be sufficient for the day.

Every person who received spiritual guidance, physical healing, access to education, or any other form of assistance through the mission work they began owes them a debt of gratitude. So does the church as a whole for making it more responsive to the call of the Holy One who calls us to service just as we are. (Page 40, Women's stories then and now. Book, *Women United for Change*.)

Blessings, Terri Clark Treasurer



The Ballad of the District Treasurer Three cheers to the Unit Treasurer In praise of the UWFaith Unit Treasurer

I approach the box carefully, making no sudden moves...not an unnecessary sound I make so as to not startle the contents...one cannot be too careful or crafty when preparing to open a mailbox that might contain that most precious of all epistle, from a United Women in Faith, quarterly remittance....once in position, feet set, I snatch the box door open and smile with gratitude, not one but two envelopes from a a cherished unit treasurer!!

Hooked yet?? Did this catch your attention? Great...read on.

Over the past few weeks, I have had the privilege and blessing to find numerous 3rd Quarter remittances from your unit treasurers.

As I write this we are in the process of closing our books on the third Mission Quarter of 2024. That means I can provide a snapshot of where our district stands in meeting our giving goal for 2024.

On Tuesday I am putting a 3rd Quarter Remittance form in the mail to the Conference Treasurer, Bess Redmond, with our Appalachian District Third Quarter Mission Giving totaling \$3,583.59. That brings our Year-to-Date Mission Giving to a total of \$13,558. What does that mean? With a 2024 District Pledge to Mission of \$35,000 our 4th quarter Mission Giving needs to total \$21,442, more than a "stretch objective." But we know that the \$35,000 was set during a time when we were in great uncertainty and was at best a guess. Perhaps a better measure now would be to look at the \$13,588 in relation to our 2023 giving results but even this is distorted because our 2023 results reflect giving by units who have since disaffiliated. This meaning, we need to continue to recalibrate our expectations. Instead of a number, perhaps we need to ask each unit and each member in that unit to take stock of our perspectives on how much to give and when.

In uncertain times our instinct often is to "hold back" until things "settle". Similarly, there are probably units putting funds aside for an emergency; well that "emergency" already exists for many in the world. That includes those for whom the mission supported by United Women in Faith means the ability to acquire the skills or resources to better their lives or the lives of their children thus improving lives for generations in the future. That means avoiding those "emergencies" into the future. This is a small down payment now with the potential for long term rewards. Yes, now may NOT be the time to set aside. Now may be the very best time to invest in the health of our ongoing missions. What we know is that in times of "emergencies", the

funds seem to appear from many sides. What we also know is that it is by investing in those missions that quietly build capacity (education, health, skills, resilience), create a foundation to possibly avoid those "emergencies" or at least lessen their impact. With this in mind, maybe those units "putting aside" funds might review those decisions, and release their power to build and reinforce our missions now as they save some for "emergencies".

Finally, <u>Attention unit Presidents and Treasurers</u>: In just a few weeks I will be sending your Unit Treasurer (by mail or email) a letter that will include a receipt listing your unit's giving through the 3rd quarter of 2024. It will include a copy for the President. Presidents please make sure you get your copy so you can see your units' giving year to date and can help your treasurer plan toward your end of year giving results.

As you plan, I hope you join me in my optimism for the future of this powerful organization. We have weathered a pandemic, leadership evolution and policy enlightenment and expansion and have emerged stronger and more resilient than ever. I see a bright future!



Legacy Energizer

Ladies, we have a very special birthday to celebrate. 10 years ago, some visionary women....then called United Methodist Women.... decided that it was time to begin to make provisions. Call it "lay the ground work" to assure that this powerful organization for Mission

BIRTHDA

HAPPY

would continue its life changing work well into the future....in other words, to a create a legacy....not in just words but also in reality, thus the BIRTH of the Legacy Fund, an endowment fund that will continue to fund Mission well into the future. And here we are 10 years later....with a fund of over \$37 Million dollars (against a goal of \$60 Million)! We are well on our way!!

Yes, the Legacy Fund is 10 years old, next year will be 11 and it is alive and well and growing...BUT it is up to us to KEEP it alive, soooo......

Let's learn from we have seen and heard in the past few months as these political campaigns keep flooding the news with fundraising chatter...what those campaigns keep bragging about, something we are very good at, the SMALL donations. Small donations...sort of brings to mind those units and individuals who have been adding a few extra dollars to their remittances directed to the Legacy Fund....OR....being more deliberate, have signed up to be a Legacy Builder starting a just \$18.69 a month—1869--what a powerful reminder of our roots!

AND it is ongoing, alive year by year!

That is why we call this 10th year a Birthday not an anniversary--an anniversary celebrates a onetime EVENT--ours is a Birthday celebration....it occurs every year and grows year after year, just as the missions undergirded by the Legacy Fund go on....providing support to better the lives of women children and youth.....It's alive....let's keep it alive or more than that, <u>let's make it prosper!</u>

Just go to https://uwfaith.org/give/legacy-fund/ and find the many ways you can participate.

Peace, Nancy Reigel





Parliamentarian

Greetings! Hopefully, at this writing you have your new officers for your local units for 2025. Please be prompt in letting the District Team know your leaders for 2025 in your local units. This will make for a smooth transition from 2024 to 2025 in our contacts for your District

Officers and Mission Coordinators and your Newsletter mailings. I pray you have all had a successful 2024. Thank you for serving.

As the holidays approach, may the joy and peace of Christ fill your being with love, grace and joy, Sherry Summerlin



Mission, Education, and Interpretation Coordinator

Greetings everyone! United Women in Faith (UWFaith) is a community of women committed to spiritual growth, leadership development, and social justice initiatives. The

organization aims to create a supportive environment for women to connect, learn, and contribute positively to their communities.

One member profile in the July and August issue of response magazine features Lynne Gilbert, a dedicated member of UWFaith from our Western North Carolina Conference. She manages our UWFaith Conference webpage and Facebook page and Leads our Conference Legacy Committee. Her contributions exemplify UWFaith's core values. Lynne is highlighted for her commitment to personal faith development and community outreach. Her experience with the organization demonstrates her dedication to community involvement and personal spiritual growth. Lynne's enthusiasm for service and female leadership is evident in her active participation in UWFaith-aligned activities.

The Legacy Fund is an essential component of UWFaith's financial strategy, designed to support longterm projects empowering women and children. It provides resources for educational initiatives, leadership training, and community development programs. Contributions to the Legacy Fund help secure the future of UWFaith's work by creating a stable financial foundation. Giving to the Legacy Fund allows UWFaith to expand its reach and impact by funding innovative programs that address pressing social issues. It also ensures UWFaith can continue its legacy of empowerment by investing in future generations of leaders. Additionally, contributing to the Legacy Fund fosters a sense of community among members who share a common goal of uplifting others through faith-based action. Please consider donating to the Legacy Fund. Already give? Challenge your unit or even yourself to increase your donation.

You can contribute to mission with your funds and bring new linen and bedding items for Project AGAPE to our MLDD in November. See flyer for specifics.

You can contribute your time by coming to the Mission Response Center on UBUNTU Day, Saturday, October 5 from 9:00 a.m. until 12:00 noon. No lifting or standing is required.

Have a wonderful week everyone. **Terri Williams**





Co-Chairwoman of Committee on Nominations

Thank you to all the ladies who accepted District Leadership Roles for 2025 and who were elected and installed at our Annual Celebration at Littlejohn, UMC on August 24. See our 2025 Slate of Officers on the following page and notice that we still are in dire need of that special

lady to become our Treasurer for a 2-year term, 2025-2026.

We also have 2 positions open for special ladies to serve on our Committee on Nominations, 4-year terms, 2025-2028. If you are willing to serve in one of these positions or know of anyone who you recommend, please get in touch with me at 336-466-1230 or Jean Stetler, Co-Chairwoman of the Committee on Nominations at 828-964-1396

Blessings, **Donna Parks Hill**

Appalachian District United Women in Faith

2025 Slate of Officers elected at Annual District Meeting August 24, 2024.

Office	Term	Nominee	Church
President -ongoing	2024-2025	Linda Greer	First Taylorsville
Vice President -ongoing	2024-2025	Janice Taylor	Wilkesboro
Secretary -ongoing	2024-2025	Terri Williams	New Beginnings
Treasurer	2025-2026	Unfilled	
Spiritual Growth	2024-2025	Sherry Summerlin	Hudson
Coordinator ongoing			
Mission Education &	2024-2025	Terri Williams	New Beginnings
Interpretation Coordinator	•		
-ongoing			
Membership Nurture Outreach - ongoing	2024-2025	Jane Long	First Lenoir
Social Action Coordinator	2025-2026	Elizabeth Conrad	District Member
Communications -continuing	2025-2026	Traci Snyder	First Taylorsville
Program Resources -ongoing	2024-2025	Brenda Kimberlin	Littlejohn
Nominations Committee, Co-Chr ongoing	2023-2026	Jean Stetler	Wilkesboro
Nominations Committee, Co-Chr ongoing	2024-2027	Donna Parks Hill	Wilkesboro
Nominations Committee - ongoing	2023-2025 (served 1yr. 20-21)	Sherry Mabry	Wilkesboro
Nominations Committee	2025-2028	Rhonda Waters	Hiddenite/St. Pt. Parish
Nominations Committee	2025-2028	Unfilled	
Nominations Committee	2025-2028	Unfilled	

Appointed Officers

Parliamentarian	2024-2025	Sherry Summerlin	Hudson
Legacy Fund Energizer & Webmaster	2024-2025	Nancy Reigel	Boone
Historian	2024-2025	Terri Clark	Hudson

District Secretary of Program Resources

I hope you had a wonderful summer and are looking forward to the crisper air of fall. We had a wonderful time at Annual Celebration, blessed by the angelic voice of Abby Clay singing hymns written by women, Ben Roger's updates on Project Agape, and celebrating our

accomplishments. I hope you will join us at Membership and Leadership Development Day featuring Soul Care, November 2 at First Taylorsville. You will be blessed.

Thinking of Soul Care, if you missed the May 23 Voices from the Field: Towards Health and Wholeness podcast, it is recorded and you can watch it on the following website, <u>https://m.youtube.com/watch?</u> <u>v=uyisDqzv0AQ</u>

This program highlights two National Mission Institutions supported by our United Women of Faith donations: The Cunningham Children's Home in Illinois and AK Child and Family in Alaska. Both respond to needs in their communities by expanding mental health services, particularly for youth and families, helping to disrupt the school-to-prison pipeline by providing therapeutic social-emotional support for children and their families at immediate risk for entering the juvenile justice system. Here are stories about children, like the young man who burned down his home because it was a place he hated, but now has learned how to deal with the pain and hurt and is ready to return home and hopes one day to be able to help others. The stories will touch your heart and remind you that our money helps make a difference across our own country and all over the world, one child and family at a time.

Did you know that watching two or more Voices from the Field podcasts counts as 1 credit in the Education for Mission category of the reading program?

Join us at MLDD and sign up for Story Time to start your reading program off.

Blessings, Brenda Kimberlin





Membership, Nurture, & Outreach

Did you know that as a UWFaith Member, you can explore your interests on your schedule? With several different online resources available at <u>www.uwfaith.org</u>, you can tailor your learning to the subjects that interest you and he way you prefer to engage. Join as a "Member," and then put in the

search box or click on "On-Line Learning and Community."

These are some of the upcoming learning opportunities.

October 3 <u>Faith Talks</u> October 8 <u>Just Energy 4 All Working Group</u> October 11 <u>International Day of the Girl</u>

> Happy Surfing! Jane Long





Our Right to Vote

They say you're not supposed to talk about religion or politics, but I'm going to do both. I know that fools rush in where angels fear to tread. But this is an election year, and we have a hotly contested election taking place soon, and I think it's time for us to stop and ask, "What does the Bible have to say about how I will vote? Is there any guidance or instruction for me?"

I believe the answer is "yes," but not in the way you might think. I am not going to pull out any magic verses for you that will tell you how to vote on a particular issue or for a particular candidate. I want us to look at some principles from scripture together that should inform us as we go to the voting booth.

We have a Christian responsibility to vote. We are responsible to exert a Godly influence. In Matthew 5:13-16, Jesus said, "You are the light of the world and the salt of the earth." Light points the way and salt preserves. We have the responsibility to pray—for everyone; kings as well as servants, that we may live peacefully. So how do we approach voting as a Christian? We think through the Biblical principles and morals that apply to the issues and candidates on the ballot. Then we vote accordingly. That does not mean that every Christian will vote identically on the same ballot. Some issues and candidates involve a variety of Biblical principles, and one Christian may balance them out differently than another. That is why we, as United Women in Faith, need to do our research and vote responsibly. We need to pray and help others to see that prayer will lead us through.

~Anonymous

Click here or copy and paste to access: DIGITAL VERSION: <u>Faithful Voter Reflection Guide (ncchurches.org)</u>





The Privilege of Voting

As we approach election day.... the following article with a short history lesson on the struggle for women's right to vote is one that we all need to read and share. It includes an account of an incident that is a shocking part of our history. Our right to vote is a privilege that we must not take for granted....some courageous women fought very hard for us to have that right. Register to vote, and exercise your precious right on election day....VOTE!

The Privilege of Voting... (Written in 2004, Author Unknown)

We don't always consider what a privilege it is to be able to vote...particularly for women... A short history lesson on the privilege of voting...

The women were innocent and defenseless. And by the end of the night, they were barely alive. Forty prison guards wielding clubs and their warden's blessing went on a rampage against the 33 women wrongly convicted of "obstructing sidewalk traffic."

They beat Lucy Burn, chained her hands to the cell bars above her head and left her hanging for the night, bleeding and gasping for air. They hurled Dora Lewis into a dark cell, smashed her head against an iron bed and knocked her out cold. Her cellmate, Alice Cosu, thought Lewis was dead and suffered a heart attack. Additional affidavits describe the guards grabbing, dragging, beating, choking, slamming, pinching, twisting and kicking the women.

Thus unfolded the "Night of Terror" on November 15th, 1917, when the warden at the Occoquan Workhouse in Virginia ordered his guards to teach a lesson to the suffragists imprisoned there because they dared to picket Woodrow Wilson's White House for the right to vote.

For weeks, the women's only water came from an open pail. Their food...all of it colorless slop...was infested with worms. When one of the leaders, Alice Paul, embarked on a hunger strike, they tied her to a chair, forced a tube down her throat and poured liquid into her until she vomited. She was tortured like this for weeks until word was smuggled out to the press.

So, refresh my memory. Some women won't vote this year because....why, exactly? We have carpool duties? We have to get to work? Our vote doesn't matter? It's raining?

Last week, I went to a sparsely attended screening of HBO's new movie "Iron Jawed Angels." It is a graphic depiction of the battle these women waged so that I could pull the curtain at the polling booth and have my say.

I am ashamed to say I needed the reminder. There was a time when I knew these women well. I met them in college....not in my required American history courses, which barely mentioned them, but in women's history class. That's where I found the irrepressibly brave Alice Paul. Her large, brooding eyes seemed fixed on my own as she stared out from the page. Remember, she silently beckoned. Remember. I thought I always would.

All these years later, voter registration is still my passion. But the actual act of voting had become less personal for me, more rote. Frankly, voting often felt more like an obligation than a privilege. Sometimes, it was even inconvenient.

My friend Wendy, who is my age and studied women's history, saw the HBO movie, too. When she stopped by my desk to talk about it, she looked angry. She was....with herself. "One thought kept coming back to me as I watched that movie," she said. "What would those women think of the way I use....or don't use....my right to vote? All of us take it for granted now, not just younger women, but those of us who did seek to learn." The right to vote, she said, had become valuable to her "all over again."

HBO will run the movie periodically before releasing it on video and DVD. I wish all history, social studies and government teachers would include the movie in their curriculum. I want it shown on Bunco night, too, and anywhere else women gather. I realize this isn't our usual idea of socializing, but we are not voting in the numbers that we should be, and I think a little shock therapy is in order. It is jarring to watch Woodrow Wilson and his cronies try to persuade a psychiatrist to declare Alice Paul insane so that she could be permanently institutionalized. And it is inspiring to watch the doctor refuse. Alice Paul was strong, he said, and brave. That didn't make her crazy. The doctor admonished the men: "Courage in women is often mistaken for insanity."

Please pass this on to all the women you know. We need to get out and vote and use this right that was fought so hard for

by these very courageous women.

Excerpts from https://wnccumw.org/privilege-of-voting/

ANNUAL CELEBRATION















2024 APPALACHIAN DISTRICT UWFaith OFFICER TEAM

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PRESIDENT 2022-2025 828-244-2251 M VICE PRESIDENT 2022-2025 Wilkesboro 336-468-0313 j.kay.tay@gmail.com SECRETARY Terri Williams 336-468-0313 j.kay.tay@gmail.com SECRETARY 2024-2025 New Beginnings 336-426-2250 Imaltyme3095@yahoo.com SPIRITUAL GROWTH Sherry Summerlin Hudson 828-268-0637 Imaltyme3095@yahoo.com SPIRITUAL GROWTH Sherry Summerlin Hudson 828-728-4936 Simplyme3095@yahoo.com MISTERPRETATION COMONIATOR Terri Williams New Beginnings 336-426-2250 Simplyme3095@yahoo.com MISTERPRETATION Terri Williams 2024-2025 New Beginnings 336-426-2250 Simplyme3095@yahoo.com MEMBERSHIP NURTURE & 0021NATOR 2024-2025 Pending 828-292-92.50 Simplyme3095@yahoo.com SOCIAL ACTON Jenny Hix First N.Wilkesboro 336-981-6360 Imin@aol.com COMMUNICATION Trai Snyder First Taylorsville 828-308-3452 Isnyder@caldwellschools.com SOCIAL ACTON Benny Hix First Taylorsville	DOB	EMAIL	PHONES	CHURCH/OFFICE	NAME	OFFICE
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		sherrysummer@charter.net	020 720 4020	Hudson	Sherry Summerlin	
	_ 8-Oct		828-728-4936	Hudson	-	PARLIAMENTARIAN
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WEBSITE MANAGER 2025 Appointed	<u> </u>				2025 Appointed	
Conference Officers						
NOMINATIONS COMMITTEE Roberta Walker 336-835-1939 r_walker1961@yahoo.com	16-Feb	r_walker1961@yahoo.com	336-835-1939		Roberta Walker	NOMINATIONS COMMITTEE
MEMBER 2024-2027 New Beginnings				New Beginnings	2024-2027	MEMBER
NOMINATIONS COMMITTEE Kimberly Witherspoon 828-729-0876 kwitherspoon03@yahoo.com	29-Jun	kwitherspoon03@yahoo.com	828-729-0876		Kimberly Witherspoon	NOMINATIONS COMMITTEE
MEMBER 2023-2026				New Covenant	2023-2026	MEMBER
PARLIAMENTARIAN 828-467-3167 M mcwphillips@gmail.com	27-Jul	mcwphillips@gmail.com	828-467-3167 M	_		PARLIAMENTARIAN
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2025 Appalachian District Calendar of Events Saturday,

February 22 – Mission Study – First Lenoir UMC with Catawba Valley District "Welcome Home" led by Deaconess Nancy Litton

To Be Determined on a Saturday in March or April Prayer Breakfast and Memorial Service

> Saturday, August 23 Annual Celebration

Saturday, November 1

Membership and Leadership Development Day (MLDD)

2025 Conference Calendar of Events

Jan.18	Treasurers and Presidents LDD (location TBD)
Feb. 8 Feb. 9 March 15	Finance Committee Meeting (Virtual) Executive Committee Meeting (Virtual) Scholarship Committee Meeting at 1:00pm (Virtual)
March 23	Giving Day All UWFaith Members
June 12-14	Spiritual Growth Retreat, Lake Junaluska All UMFaith Members
June 20-22	WNCCCUMC Annual Conference, Lake Junaluska
July 18-19	Mission u, Catholic Conference Center, All UWFaith Members
Aug. 9 Aug. 10 Sept. 5-7	Finance Committee (Virtual) Executive Committee (Virtual) Annual Celebration, Lake Junaluska, All UWFaith Members
October 18	Leadership Development Day, LDD All District Officers (Virtual)
Oct.11, 25	Ubuntu Days of Service (various locations) All UWFaith Members
Nov. 7	Orientation for new Conference Officers (Virtual)
Nov. 8 Nov. 9	Conference Committee Meetings (Virtual) Executive Committee meeting (Virtual)



Head

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Heart

Appalachian District Membership and Leadership Development Day (MLDD) All Friends and Members of UWFaith are Welcome!

Soul P

Location: First Taylorsville UMC 1400 NC-16 South, Taylorsville, NC 28681 When: Saturday, November 2, 2024

Registration & Beverages: 10:15 - 10:30 a.m. \$10.00 per person

*Move&Mission Theme: Let's Get Together! Program: 10:30 a.m. - 2:00 p.m. (Lunch served: 11:30 – 12:15) Small Group Break-out Sessions: 12:20 – 2:00 pm No closing/dismissal-participants may leave when they please. (See registration form on next page for more info) Child care available upon request 2 weeks prior to event: if needed, Call Linda Greer: (828) 244-2251 Love Offering will go to our World Thank Offering

Program: **#Move4Mission**. Let's move 4 mission and be blessed as we azzercise 4 lesus. Relax, stretch, and laugh as you are led through some moderate chair exercise facilitated by LaDonna Butts. Dress comfortably and casually.

Hands on Mission: Items for Project AGAPE: NEW bedding items such as sets of sheets (single and double), blankets, towels (all sizes), bath cloths, kitchen towels, dish cloths, pillows.

Directions (Put 1400 Hwy 16 S., Taylorsville, NC in your GPS.)

From Boone: 421 S to Hwy 16 S; Follow Hwy16 S.; Cross over HWY 64. Church is on your rt.

From Wilkesboro/N. Wilkesboro/Millers Creek: Follow Hwy 16 S.; Cross over Hwy 64. Church is on your right.

From Sparta: Hwy 18 S to Hwy 16 S.; Cross over Hwy 64. Church is on the right.

From Elkin/Jonesville: Hwy 421 N to Hwy 16 S.: Cross over Hwy 64. Church is on the right.

From Lenoir/Hudson/Granite Falls: Go to Hwy 64 and travel West to Taylorsville. Take ramp toward NC-16. Go for 0.2 mi. Church is on the right.

From Statesville: Hwy 64 W., Exit 254 onto Hwy 16 S., Go for 0.2 mi. Church is on the right.

From Union Grove: Hwy 901 N, Left on Hwy 115, Right on Linneys Mill Rd to Sulphur Springs Rd; turn right on Rocky Springs Rd, Left on White Plains Rd, right on Hwy 90 W, left onto Adams Pond Lane, Right onto Hwy 64 W, Exit 254 toward Taylorsville/Conover and turn left onto Hwy 16 S. Church is on the right. **OR** Take I-77 S to Statesville and follow directions from Statesville.

Breakout Session Choices (each session is 30 minutes)

Breakout Session	Leader	Description
Leadership Learning	Linda Greer & Jan Taylor	Slideshow detailing duties of each Local Unit leadership role. If you are an officer (other than treasurer) please choose this session.
Treasurer Time	Nancy Reigel	Duties of the local unit treasurer and what's New Treasurer's please choose this session (scheduled for 1 session; Nancy will be available after the session for anyone with questions)
Sole & Soul Care	Rev. Lory Beth Huffman	An Inspirational Foot Washing session
Stray & Pray – #Moving 4 Mission	Terri Williams	A Prayer and Mission Walk around the church and parking lot
Story Time	ТВА	Sharing of Reading Program Book (s)
Write a Rep*	Cindy Sellers/Jenny Hix	Writing letters to our politicians about issues that concern us
Form a Feather*	ТВА	Create a feather from a scrap of fabric
Whatcha Doin?	Jan Taylor/Jane Long	Sharing ideas
Spiritual Healing/Soul Care/Relaxation	Sherry Summerlin/ Linda Graham	A spiritual soul care experience

*Materials for these activities will be provided and lunch is covered by your registration fee.

Soul Care

#Move4Mission

By October 12, 2023, please return the following form for Registration and Break out session choices and send to District Treasurer Nancy Reigel, 375 Troy Norris Rd., Boone, NC 28607

Registration: Name of Unit _____

Number of Attendees

_____X \$10.00 = \$_____

Please include checks made payable to Appalachian District UWFaith.

Name of Attendee from your unit and **break out session choices**. Each attendee may choose 3 sessions. Please complete one section per attendee. Make additional copies as needed.

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